



# **Methodist**

**HOSPITAL | SPECIALTY AND TRANSPLANT**

## **Methodist Hospital | Specialty and Transplant 2020-2022**

### **Community Health Needs Assessment and Implementation Strategy**

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## Organizational Profile

Methodist Hospital | Specialty and Transplant, a campus of Methodist Hospital, is part of the Methodist Healthcare<sup>1</sup> family of hospitals. It is a full-service facility that is widely acclaimed for its outstanding kidney, liver, and pancreas transplant programs. The kidney transplant program is the largest living donor program in the nation due to the success of its paired exchange kidney program. Other specialty areas include behavioral health, bariatric surgery, robotic surgery, minimally invasive surgery, inpatient rehabilitation, and the latest treatments for cancer and incontinence. The facility houses a program with a specially trained team who works with law enforcement officers to provide forensic exams and emergency care for survivors of sexual assault.

**Our Mission:** Serving Humanity to Honor God by providing exceptional and cost-effective health care accessible to all.

**Our Vision:** To be world-class

**Our Values:** I-CARE: Integrity, Compassion, Accountability, Respect, Excellence

**Our Core Competency:** Building partnerships to serve our community.

## Community Benefits Committee – Guiding Community Outreach

The Methodist Healthcare System Core Competency, *building partnerships to serve our community*, enables achievement of the mission of service to the community (Serving Humanity) through compassionate service, efficiency, and effectiveness with a servant leadership attitude (being responsible stewards of Methodist Healthcare’s assets while honoring God). The Mission supports regular, consistent impactful contributions to strengthen the health of the community guided by the Community Benefits Committee. Formed in 1995 as a result of the partnership agreement, the Community Benefits Committee is a standing committee of Methodist Healthcare. The committee meets quarterly to review community benefits provided by Methodist Healthcare. Members include representatives from Methodist Healthcare’s Community Board, Board of Governors and leadership from Methodist Healthcare and Methodist Healthcare Ministries, as well as key staff members from each organization. An annual community report is submitted by the president and CEO of Methodist Healthcare, to the Community Benefits Committee, Board of Governors, Community Board, and MHM recapping the complimentary programs offered to the community, a great many of them directed to

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<sup>1</sup> Methodist Healthcare is comprised of 29 facilities, including nine hospitals. Methodist Healthcare was formed as a 50-50 co-ownership between the Methodist Healthcare Ministries of South Texas (MHM) and HCA. MHM is a private, faith-based, not-for-profit organization dedicated to providing medical and health-related human services to low-income families and the uninsured in South Texas. MHM is second only to the government in providing health care to the indigent population in a 72-county area. HCA, based in Tennessee, is the nation’s leading provider of health care services, composed of more than 250 hospitals and freestanding surgery centers in 20 U.S. states and in the United Kingdom.

those less fortunate. The report includes a summary trend chart of actual services. In addition to the annual report, a quarterly report is presented on various aspects of Methodist Healthcare’s community involvement focused on measuring community activity that benefits the underserved.

### Population Served

In 2017, Methodist Hospital | Specialty and Transplant served<sup>2</sup>

Emergency Department Patients	Inpatients	Outpatients	Outpatient Surgery	Total
20,482	12,247	30,490	6,350	69,569

In 2018, Methodist Hospital | Specialty and Transplant budgeted for

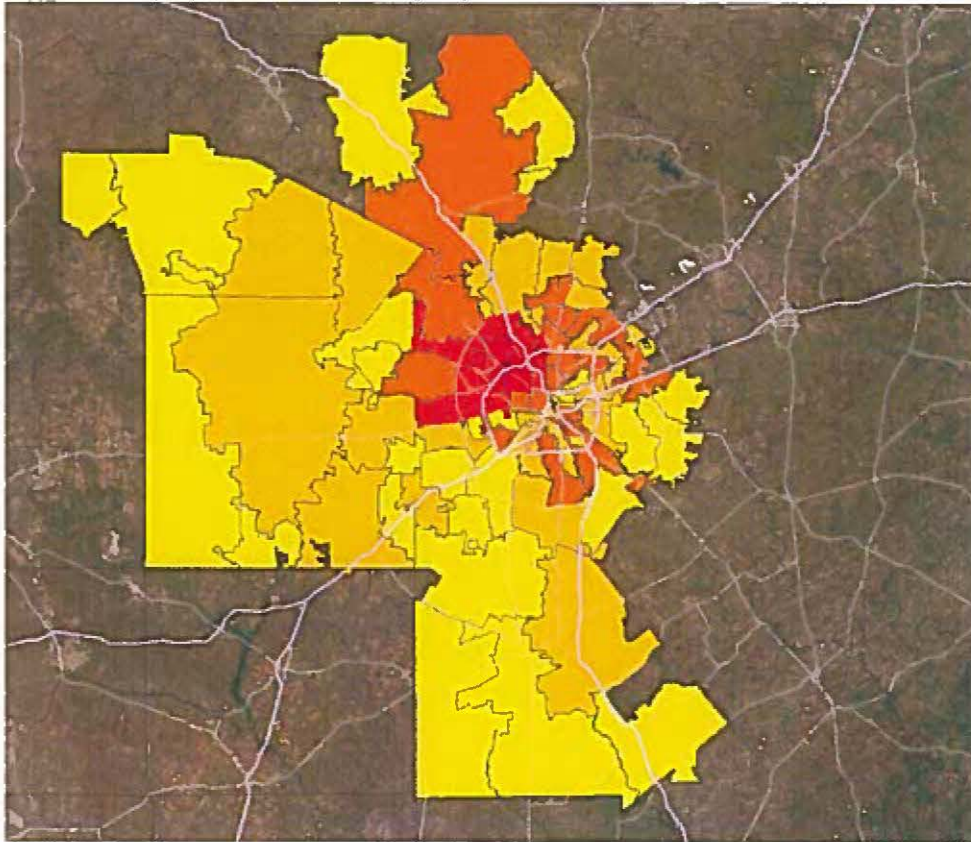
Emergency Department Patients	Inpatients	Outpatients	Outpatient Surgery	Total
21,327	12,789	31,507	6,405	72,028

Methodist Hospital | Specialty and Transplant serves an estimated population of nearly 2.2 million<sup>3</sup> with 128 zip codes in Bexar, Atascosa, Bandera, Medina, and Kendall counties. Our service area also includes underserved rural areas.

<sup>2</sup> Source: MHS Same Store QMIRS Operating Indicators, 2017-2018.

<sup>3</sup> Source: ESRI population and demographics data.

**Figure 1 Geographical Illustration of Population Served<sup>4</sup>**



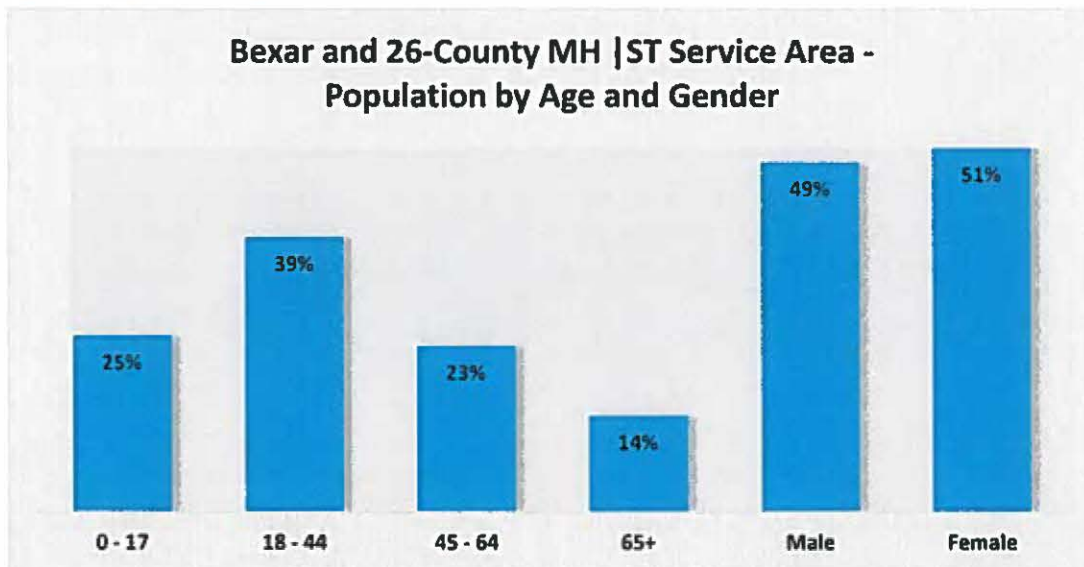
**Figure 2 Population Ethnicity<sup>5</sup>**

<b>2019 Estimated Population by Ethnicity</b>	<b>2,168,586</b>
White	1,562,029
Black	162,473
Asian	61,182
Other	382,902
<hr/>	
<b>2019 Estimated Population Hispanic or Latino</b>	<b>1,290,275 (60%)</b>

<sup>4</sup> Source: MHS Same Store QMIRS Operating Indicators, 2017-2018.

<sup>5</sup> Source: MHS Same Store QMIRS Operating Indicators, 2017-2018.

**Figure 3 Population Age and Gender<sup>6</sup>**



To help meet the needs of our rural communities, Methodist Healthcare manages Medina Regional Hospital in Hondo, Texas, Cuero Regional Hospital in Cuero, Texas, Dimmitt Regional Hospital in Carrizo Springs, Texas, and Frio Regional Hospital in Pearsall, Texas. This enables these hospitals to provide the community with resources that otherwise may not be available. Methodist Healthcare provides a neuro telemedicine program, Tele-Stroke, to Connally Memorial Medical Center (Floresville, Texas), Guadalupe Valley Regional Medical Center (Seguin, Texas), Fort Duncan Regional Medical Center (Eagle Pass, Texas), Dimmitt Regional Hospital (Carrizo Springs, Texas), Laredo Medical Center (Laredo, Texas), Peterson Regional Hospital (Kerrville, Texas), Medina Regional Hospital (Hondo, Texas), Frio Regional Hospital (Pearsall, Texas), Methodist Hospital South (Jourdanon, Texas), Memorial Hospital (Gonzales, Texas), Uvalde Memorial Hospital (Uvalde, Texas) and Cuero Community Hospital (Cuero, Texas). The Tele-Stroke program provides these rural Texas hospitals access to Methodist Healthcare neurologists who can remotely diagnose and treat stroke patients when minutes count. Methodist AirCare is proud to serve Texas communities in need of advanced emergency health care and rapid transport. Methodist AirCare bases are located at Methodist Hospital South (Jourdanon, Texas), Guadalupe Regional Medical Center (Seguin, Texas), Frio Regional Hospital (Pearsall, Texas), and at Methodist Hospital and Methodist Children’s Hospital (San Antonio, Texas). Methodist Healthcare also has abdominal transplant program satellite clinics in numerous Texas cities including Lubbock, Corpus Christi, McAllen, Laredo, Waco, Austin and El Paso.

The majority of the population Methodist Hospital | Specialty and Transplant serves is Hispanic. In order to meet the needs of those whose primary language is not English, Methodist Hospital | Specialty and Transplant offers:

<sup>6</sup> Source: MHS Same Store QMIRS Operating Indicators, 2017-2018.

- Language interpretation – 200 languages available 24/7, 365 days a year through a relationship with STRATUS. Methodist Healthcare has video remote interpretation (VRI) throughout the organization, for patients and families requiring language assistance.
- Methodist Hospital | Specialty and Transplant provides materials and forms in Spanish (additional languages upon request).

## Community Needs Assessment Methodology, Process and Community Involvement

### Methodology

Methodist Healthcare is a founding member of The Health Collaborative (THC), a nonprofit convening organization that brings together hospital systems, other health care organizations, local government and nonprofit organizations in Bexar County to identify and solve community health issues through collaboration. THC has conducted its Bexar County Community Health Needs Assessment (BCCHNA) since 1998, and at Methodist Healthcare's request in 2019, its Atascosa County Community Health Needs Assessment (ACCHNA). Methodist Healthcare has used these in-depth assessments of local health to analyze, prioritize and act on the health-care needs of the community. Conducted every three years, these assessments have evolved into a national model recognized for its comprehensiveness and for the community engagement and collaboration it has fostered.

Members of THC include: Methodist Healthcare, MHM, Appddiction Studio, Baptist Health System, Bexar County Department of Community Resources, CHRISTUS Santa Rosa Health System, Community First Health Plans, Our Lady of the Lake University, the City of San Antonio Metropolitan Health District, University Health System, University of Texas Health Science Center at San Antonio Department of Family and Community Medicine, University of the Incarnate Word School of Osteopathic Medicine, SA Clubhouse, Community at Large; Pilar Oates, Charles Kight, Doug Beach and the YMCA of Greater San Antonio. Historically, funders of the THC Community Health Assessment have been Baptist Health Foundation of San Antonio, Bexar County, the Kronkosky Charitable Foundation, the United Way of San Antonio, San Antonio Metro Health Department and Methodist Healthcare Ministries of South Texas Inc.

THC bases its community health assessment on the social determinant model, which views outcomes as a product of health-related behaviors and the behaviors themselves as a likely product of social dynamics at the level of the social context of the neighborhood. The BCCHNA and ACCHNA uses data from the San Antonio Metropolitan Health District's annual Health Profiles, a report which looks at health trends, area demographics, information on prevalence of disease, and other findings. Health Profiles looks at the population by age, by gender and by race/ethnicity as it relates to current population, projected population, birth, education, ZIP code and census tract. It also provides an in-depth look at birth trends, including fertility rates, maternal health, maternal age and ethnicity, teen births, low birth weight and premature trends and mother's BMI and weight gain. Youth indicators examined include juvenile probation, family violence, immunization rates, and child abuse. Deaths are

examined by infant mortality rate and causes, life expectancy by race/ethnicity and gender, all causes of death, and years of potential life lost. The BCHNA and ACCHNA also draw from the following data sources: Population and housing data from the U.S. Census Bureau; population estimates and projections from the Texas State Demographic Center at the University of Texas at San Antonio; social and economic conditions data from the U.S. Census Bureau American Community Survey; crime data from the U.S. Department of Justice Uniform Crime Report; vital statistics, Behavioral Risk Factor Surveillance System (BRFSS), injury, hospital discharge, hospital bed, and health professions data from the Texas Department of State Health Services; Medicaid and public benefits data from The Texas Health and Human Services Commission; and communicable disease and vital statistic data from the San Antonio Metropolitan Health District.

Finally, data is collected at the neighborhood level with the intent of describing the social contexts that possibly give rise to health-related behaviors described in the Health Profiles and BRFSS survey data. Discussion groups and interviews were conducted city-wide with over 80 residents in the community and 7 Key Leaders. These interviews and meetings took place during February and May of 2019. The Health Collaborative contracted with Community Information Now (CI:Now), a local data intermediary serving south central Texas, for quantitative data collection and analysis and for development of the assessment narrative.

The 2019 CHNA report will be released and shared with the community in Thursday September 26<sup>th</sup>. City, County, philanthropy, hospital and community leadership is invited to learn about the key findings and engage in a discussion around social determinants of health and collaboration. As in previous years, soon after the Leadership Breakfast, the report will be made public on the Health Collaborative website, accessible through member websites and available for digital download in other community partner sites. In addition, the Health Collaborative will have hard copy reports available for dissemination in community. In addition, there will be five neighborhood town halls to share the information with residents and collect feedback that will further inform our community about needs and services.

In order to assess the rural areas Methodist Healthcare serves, University Health System's (UHS) Regional Healthcare Partnership (RHP) 6 plan was utilized. The Texas Health and Human Services Commission established geographic boundaries for new Regional Healthcare Partnerships (RHP). Each RHP has developed a plan that identified the participating partners, community needs, proposed projects and funding distribution. RHP 6 is anchored by University Health System and includes the following counties: Atascosa, Bandera, Bexar, Comal, Dimmit, Edwards, Frio, Gillespie, Guadalupe, Kendall, Kerr, Kinney, La Salle, McMullen, Medina, Real, Uvalde, Val Verde, Wilson, and Zavala.

**Figure 4 CHNA Timeline**

	Sept 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019	May 2019	Jun 2019	July 2019	Aug 2019	Sept 2019	Oct 2019	Nov 2019	Dec 2019	Jan 2020	Feb 2020	March 2020
<b>Community Health Assessment</b>																			
Building Relationships	X	X	X	X	X	X	X	X	X										
Qualitative Data Collection					X	X	X												
• Key Informant Interviews						X	X												
• Focus Groups							X	X	X										
• Community Dialogues								X	X										
• Photovoice										X	X								
• Data analysis																			
Draft CHA Qualitative Report											X	X							
CHA Community Release													X						
<b>Community Health Improvement Plan</b>																			
Project Mgmt & Partnership Dev													X	X	X				
CHIP Planning Sessions													X	X	X	X	X		
CHIP Report Development																	X	X	
CHIP Community Release																			X
<b>CHA/CHIP Evaluation</b>																			
Planning Sessions																X	X	X	X
Plan Development																	X	X	X

**Community Partners**

<b>One-on-One Setting Interviews with Key Regional and City Officials</b>	<ul style="list-style-type: none"> <li>• Bryan Alsip, MD - University Health System</li> <li>• Colleen Bridger, Assistant City Manager</li> <li>• Nelson Wolff, JD - Bexar County</li> <li>• Jennifer Herriott, San Antoni Metro Health</li> <li>• Rev. Ann Helmke, Faith Based Initiative</li> <li>• Sarah Barry, Pre-K for SA</li> </ul>
<b>Discussion Group Lead Agencies</b>	<ul style="list-style-type: none"> <li>• Taking Care of Home Neighborhood Community Center</li> <li>• Madonna Neighborhood Center (English Participant Group)</li> <li>• Madonna Neighborhood Center (Spanish Participant Group)</li> <li>• Grandparents Raising Grandchildren</li> <li>• San Antonio Food Bank</li> <li>• Martinez Street Women’s Center</li> <li>• Grace Tabernacle Church</li> </ul>



## **Identified Community Needs: Working Together to Meet the Goals**

In order to work collaboratively with other health care systems and organizations, businesses and nonprofits and make a true impact in our community, Methodist Healthcare has adopted the health priority areas based upon the 2019 three-year Bexar County and Atascosa County Community Health Needs Assessments. The health priority areas for our hospitals listed in priority order (these same five priority areas have not changed since the last community health improvement plan adopted in 2016):

### **Community Health Priority No. 1: Healthy Eating and Active Living**

The percentage of Bexar County adults (19.1%) and Atascosa County adults (9.2%) who consumed fruits and vegetables five or more times per day has remained low over recent years. The percentage of Bexar County adults who participate in 150 minutes or more of aerobic physical activity per week is 44.8%, and the percentage of Atascosa County adults who participate in 150 minutes or more of aerobic physical activity per week is 31.9%. About seven in 10 adult Behavioral Risk Factor Surveillance System (BRFSS) respondents in both counties report a height and weight that puts their Body Mass Index (BMI) in the overweight or obese range, 68.8% for Bexar County adults and 71.3% for Atascosa County adults.

### **Community Health Priority No. 2: Healthy Child and Family Development**

In both Bexar County and Atascosa County, the birthrate among females aged 15 to 19 continues to decline. In addition, the percentage of births to mothers receiving prenatal care in the first trimester, in both Bexar County and Atascosa County has also declined, leading to an increase in the rate of hospitalizations for complications of pregnancy or childbirth.

### **Community Health Priority No. 3: Safe Communities**

Although the numbers point to crime rate decreasing overall in both Bexar County and Atascosa County, there are other contributing factors to "Safe Communities". The number of sexual assaults per 100,000 population in Atascosa County has more than tripled since 2013 (35.7 per 100,000 population in 2013 and 112 per 100,000 population in 2017), while the number of sexual assaults per 100,000 population has slightly decreased in Bexar County. Motor vehicle accidents are a common cause of death among children age one to 14, pointing to the importance of child safety seats and seat belts as well as adult and older teen driver behaviors. Transportation is seen as one of the greatest challenges for the region for those who do not have private vehicles or easy access to public transportation.

### **Community Health Priority No. 4: Behavioral and Mental Well-Being**

Health is about more than the physical body. Mental health is related to how people think, feel and act as they cope with life—how they manage stress, relate to others and make choices. There is growing clinical recognition of the impact of mental health conditions and disorders on overall health status and costs. Little local data is available on the prevalence of mental illness in the general population, but the

U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) estimates that 18.3% of U.S. adults have experienced any mental illness (AMI) within the past year, and 4.2% have experience serious mental illness (SMI). Both AMI and SMI are defined as a mental, behavioral, or emotional disorder, but AMI includes all diagnosable mental illnesses regardless of type or level of impairment, while SMI is characterized by serious functional impairment.

## **Community Health Priority No. 5: Sexual Health**

The number of new cases of sexually transmitted diseases continues to be on the rise in both Bexar County and Atascosa County. Chlamydia incidence in Atascosa County has dramatically increased since 2016, while incidence rates have slightly decreased in Bexar County. The pattern is the same for gonorrhea and HIV rates – a dramatic increase in Atascosa County and a slight decrease in Bexar County. Syphilis rates have increased in both Atascosa County and Bexar County. While the teen birthrate – the number of live births per 1,000 girls aged 15 to 19 – continues to drop in both Atascosa County and Bexar County, it is still a community health concern. Human papillomavirus (HPV) vaccination rates are rising but remain quite low. Approximately four in 10 Bexar County 13- to 17- year olds are appropriately vaccinated against HPV (data is not available for Atascosa County). The goal is to ensure that males and females have access to education and resources to promote sexual health.

## Area Health Services<sup>7</sup>

A listing of existing health care facilities and other resources:

The Primary and Core Based Statistical Area offers the following health facilities and resources:

- Methodist Healthcare System
- Methodist Healthcare Ministries
- Wesley Health and Wellness Center
- Bishop Ernest T. Dixon Jr. Clinic
- San Antonio Metro Health Department
- Bexar County Department of Community Resources
- Atascosa County (South Texas Regional Medical Center)
- Bandera County
- Comal County (CHRISTUS Santa Rosa)
- Guadalupe County (Guadalupe Regional Medical Center)
- Kendall County
- Medina County (Medina Healthcare)
- University Health System
- Audie L. Murphy Memorial VA Hospital
- San Antonio Army Medical Center
- CHRISTUS Santa Rosa
- Baptist Health System
- Nix Health
- Southwest General Hospital
- San Antonio State Hospital
- Barrio Comprehensive Family Health Center
- Centro Med
- La Mision Family Health
- Adolescent Pregnancy and Parenting Program
- Father Flanagan's Boys Town
- Center for Health Care Services
- Child Guidance Center
- Southwest Mental Health Center
- Warm Springs
- Frio County (Frio Regional Hospital)
- Gillespie County (Hill Country Memorial Hospital)
- Kerr County (Peterson Regional Hospital)
- Kinney County
- Maverick County (Fort Duncan Regional Hospital)
- Uvalde County (Uvalde Memorial Hospital)
- Val Verde County (Val Verde Regional Hospital)
- Zavala County
- County Health Departments

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<sup>7</sup> The area health services listed is a sampling of the represented services available and is not all inclusive

# Methodist Hospital | Specialty and Transplant Community Health Improvement Plan based on the Community Health Needs Assessment

## Community Health Priority No. 1: Healthy Eating and Active Living

**Community Goal:** To foster social change and strengthen positive behaviors around healthy eating and active living to ensure access to nutritious foods and build environments that enable all residents to make healthy choices and lead healthy lives.

**Objective:** To provide information on healthy eating and active living while fostering relationships.

**Strategy:** To promote healthy eating and active living with employees, patients, families and the local community.

**Tactics and Measurements:** Methodist Hospital | Specialty and Transplant will implement the following tactics and measurements, with yearly updates through 2022:

- Through Methodist Hospital | Specialty and Transplant Weight Loss Center, patients as well as employees and people from the local community can take a guided tour of local grocery store, led by the program's nutritionist.
  - Measurement: Post- tour evaluation to measure knowledge gained on cooking healthy on a budget.
- A farmer's market will be held in the ME Café on a monthly basis open to employees, patients and families to purchase seasonal fresh produce items at cost price and recipes provided.
  - Measurement: Post evaluation to measure knowledge gained on produce in season and number of recipes given.
- Annual healthy food drive to benefit the San Antonio Food Bank.
  - Measurement: Amount of servings donated.
- Provide education classes by a registered dietician nutritionist on such topics as heart healthy nutrition, cooking tips, weight loss education and diabetes education.
  - Measurement: Number of classes, number of attendees per class, and pre- and post-test evaluations to measure knowledge and skills gained.

**Impact:** Through the tactics listed above, Methodist Hospital | Specialty and Transplant will help bring awareness to healthy eating and active living as well as contribute to the decrease in obesity.

**Key Partners:**

- San Antonio Food Bank

- HEB

## Community Health Priority No. 2: Healthy Child and Family Development

**Community Goal:** To make pregnancy and early childhood the focus of system level changes that support healthy child and family development.

**Objective:** To provide education and awareness classes that promote health for children and family stability.

**Strategy:** To provide and promote information through partnerships with organizations in the community and to leverage current system-wide initiatives.

**Tactics and Measurements:** Methodist Hospital | Specialty and Transplant will implement the following tactics and measurements, with yearly updates through 2022:

- To provide nutrition education to students at Health Careers High School and Brooks Academy Charter School on items grown in their community gardens.
  - Measurement: Conduct pre and posttest evaluation to measure knowledge gained.
- Annual school supply drive for children at the Battered Women's Shelter.
  - Measurement: Provide 25 backpacks to the Battered Women's Shelter.
- Partner with *Dress for Success* to host an annual professional clothing drive for men and women, and provide a presentation on job interview tips.
  - Measurement: Number of items donated, number of attendees to the presentation, conduct pre and posttest evaluations to measure knowledge gained.
- Partner with Health Careers High School to host annual executive mentorship program for the top 12 high school seniors for National Job Shadow Day.
  - Measurement: Conduct post program focus group luncheon to measure knowledge and skills gained.

**Impact:** Through the tactics listed above, Methodist Hospital | Specialty and Transplant will bring awareness to healthy child and family development.

### Key Partners:

- Battered Women's Shelter
- Dress for Success
- Brooks Academy Charter School
- Health Careers High School

## Community Health Priority No. 3: Safe Communities

**Community Goal:** To develop safe neighborhoods by identifying what works locally, planning how to replicate successes in our neighborhoods, and enhancing systems that respond effectively to community-identified safety needs.

**Objective:** Partner with Methodist Hospital | Specialty and Transplant service area school and organizations to provide information on safe measures to make the community a safer place.

**Strategy:** To engage with Methodist Hospital | Specialty and Transplant service area schools for safety awareness.

**Tactics and Measurements:** Methodist Hospital | Specialty and Transplant will implement the following tactics and measurements, with yearly updates through 2022:

- Host an annual event on city's National Night Out and invite employees, patients' families and students and staff from Health Careers High School and Brooks Academy Charter School. Collaborate with hospital security to create safety messages for staff and community. Collaborate with Health Careers High School for students to display posters with safety messages.
  - Measurement: Number of attendees to the National Night Out event
- Continue funding the Sexual Assault Response Team (SART) at Methodist Hospital | Specialty and Transplant, which provides a compassionate environment for sexual assault survivors and an integrated community effort to treat sexual assault survivors with specially trained sexual assault nurse examiners (SANE).
  - Measurement: Number of Sexual Assault Response Team (SART) cases per year

**Impact:** Through the tactics above, Methodist Hospital | Specialty and Transplant will bring safety awareness and help make the community safer.

**Key Partners:**

- Brooks Academy Charter School
- Health Careers High School

## Community Health Priority No. 4: Behavioral and Mental Well-Being

**Community Goal:** To improve comprehensive behavioral health services and access for all.

**Objective:** Promote awareness of behavioral health available services and educate the community on topics related to emotional well-being.

**Strategy:** Create community events that are available for everyone to attend and provide behavioral health information.

**Tactics and Measurements:** Methodist Hospital | Specialty and Transplant will implement the following tactics and measurements, with yearly updates through 2022:

Methodist Hospital | Specialty and Transplant serves Methodist Healthcare System's behavioral health and mental well-being patients. In addition, the tactics below, Methodist Hospital | Specialty and Transplant follows the tactics addressed by the system.

- To provide biannual, free behavioral health continuing education that is open to Methodist Hospital | Specialty and Transplant employees, Methodist Healthcare System employees and members of the community.
  - Measurement: Expanding our reach to educate more people about behavioral health and well-being. An evaluation sheet will be provided to solicit comments/feedback. Number of CME classes offered, number of attendees at each class, and pre and posttest evaluation to measure knowledge gained.
- Participate in Bexar County's Mental Health Consortium at the annual Behavioral Health Awareness and Wellness Conference by establishing an information booth providing education on outpatient programs and available behavioral health support groups.
  - Measurement: Number of visits at the booth.
- To administer depression screenings at the time of inpatient services.
  - Measurement: Number of screenings conducted and number of screenings that indicate a patient is suffering from depression.
- Host narcotics anonymous and alcoholic anonymous community group meetings on Methodist Hospital | Specialty and Transplant inpatient dual diagnosis unit.
  - Measurement: Number of group meetings held each week, and number of attendees at each group meeting.

**Impact:** Through the tactics listed above, Methodist Hospital | Specialty and Transplant will bring awareness to behavioral and mental well-being issues as well as contribute to the reduction in suicides and attempted suicides, a lessening of the societal stigma associated with mental health, and an improvement in overall health as members of the community learn to cope with mental health conditions and disorders more effectively.

**Key Partners:**

- Bexar County Mental Health Consortium
- Narcotics Anonymous
- Alcoholic Anonymous

## Community Health Priority No. 5: Sexual Health

**Community Goal:** To ensure that males and females have access to education and resources to promote sexual health.

**Objective:** Provide education and awareness of laws and current technology and social media dangers.

**Strategy:** Aligning with law enforcement to present to high school students.

**Tactics and Measurements:** Methodist Hospital | Specialty and Transplant will implement the following tactics and measurements, with yearly updates through 2022:

- Partner with San Antonio Police Department and Rape Crisis Center to present at Health Careers High School to bring awareness about internet predators and legal age of consent.
  - Measurement: Number of presentations per year, number of attendees at each presentation, conduct a focus group discussion to measure knowledge gained.
- To provide one presentation at Health Careers High School on identifying sexual assault and to provide sexual assault resources.
  - Measurement: Small group session for open discussion and Q&A. Number of presentations per year, number of attendees at each presentation, conduct a focus group discussion to measure knowledge gained.
- Educate Methodist Hospital | Specialty and Transplant staff to identify victim of human trafficking.
  - Measurement: Conduct posttest evaluation to measure knowledge and skills gained.

**Impact:** Through the tactics listed above, Methodist Hospital | Specialty and Transplant will help students identify risky situations regarding sexual health.

### Key Partners:

- San Antonio Police Department
- Rape Crisis Center
- Health Careers High School

## Implementation of the Strategy

The implementation strategy, including an execution plan and prioritization of health needs, services and metrics for each hospital will be presented to and approved by the Community Benefits Committee, Methodist Healthcare Community Board, Methodist Healthcare Board of Governors and Methodist Healthcare Ministries.



The chief executive officer at each facility has appointed an advocate to work with the Methodist Healthcare Strategic Planning and Market Services Department to implement and monitor the plan. The hospital chief financial officer also has appointed a representative to attend the meetings to monitor budget adherence. These individuals form a committee that will meet twice a year.

Methodist Healthcare's implementation strategy for each hospital facility includes:

- Communication plan
- Priority initiative work plans
- Role and responsibility assignments
- Measures/indicators for success along with baseline data

Additional monitoring of the plan will occur through the quarterly community benefits reports to the Community Benefits Committee and the annual charity care report compiled and distributed to the Community Benefits Committee.

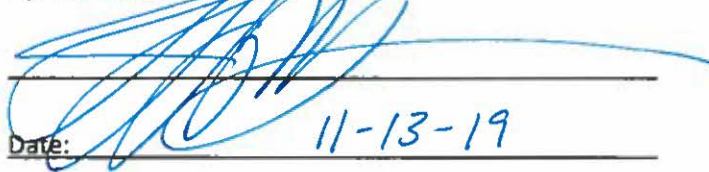
## Availability of the Community Health Needs Assessment and Implementation Plan

A digital version of the assessment and plan will be available on our website, [www.SAHealth.com](http://www.SAHealth.com). A printed version will be distributed to employees and physicians and will be available to the public upon request.

### Approval:

Methodist Hospital | Specialty and Transplant Chief Executive Officer

By: Jeff Wilson

  
Date: 11-13-19